

16th Annual

Wise Women's Festival

September 21-23, 2012

near Penticton, BC
at Naramata Centre

Adults \$150

Crones & Maidens \$125
(over 63 & under 23)

50 Workshops

A Healing Oasis

Sunrise Ceremonies

A Festival Store & more



Quan Yin
Goddess of Compassion

Program is online at www.issuesmagazine.net

September 21-23 • 16th Annual Wise Women's Festival

Adults \$150, Crones & Maidens \$125 (over 63 & under 23 years)
if registered before August 20 plus meals and accommodation. **DETAILS PAGE 14**

**Your Festival Team
Organizers**



This celebration is usually the third weekend of September at Naramata Centre, a conference facility operated by the United Church. Wheel-chair accessible, next to Okanagan Lake, near Penticton, BC.

Weekend Schedule

FRIDAY SCHEDULE

Noon - On-site Registration at Columbia Hall
1 pm - Healing Oasis sign-up starts
2 - 5 pm - Sessions in the Healing Oasis
5:15 - 6:15 pm - Dinner

OPENING CEREMONIES - 7 pm followed by introduction of workshop presenters, concluding with a 20-minute crystal bowl meditation.

SATURDAY SCHEDULE

6:45-7:30 am • Sunrise Ceremonies
7:30 - 8:30 am Breakfast
8:45 - Noon • Choice of twelve workshops
12 - 1 pm Lunch
2 - 5:15 pm • Choice of eleven workshops
5:15 - 6:15 Dinner
6:45 - 8:45 pm • Choice of nine workshops

SUNDAY SCHEDULE - shorter lunch than Saturday then a 2-hour workshops from 1:30 - 3:30.
3:45 to 4:15 pm... **CLOSING CEREMONY.**

The Healing Oasis is in Lower McLaren Hall.

Intuitive Readings, Body-work, Energy-work, Reiki and more

Sign-up starts at 1 pm on Friday - Sessions are 2 to 5 pm
Saturday sessions are 10:30 to 9 pm & Sunday sessions 8:30 am to 3 pm

Rate of \$25 per half hour and \$40 per hour.

Reiki drop-in sessions are by donation, all weekend

If you wish to work in the Healing Oasis

We offer a trade: 6 hours of healing sessions for a weekend pass. please go to our website: www.issuesmagazine.net, it has details including a page with frequently asked questions. Then call or email Marion.... Marion@issuesmagazine.net

phone **Marion: 250-497-6861** for
Registration, Festival Store and Healing Oasis

General questions call Angele 1-855-366-0038

Accommodation is on a first come basis. See page 14.

Meals Please pre-order by August 25 • See page 14.

Naramata Centre offers full course meals with a salad bar, beverages and desserts. Meal prices are on the registration form. If we have cancellations, a few meals could become available on-site.

Refreshment Stations provide herbal teas. Please bring a travelling mug or buy a souvenir one at the Festival Store.



The Festival Store

has space to sell various crafts, crystals, jewellery and more. If you are registered as a participant, instructor or healer you can apply for space and bring items to be sold. Go to the website or ask Marion for details.

Give-Away Table

Share valued items with another.

WORKSHOPS & WORKSHOP LEADERS

The workshop numbers correspond to the numbers on the overall schedule

Serah will lead the Dances of Love and Oneness at the Opening and Closing Ceremonies

Workshop #01 Saturday morning 3 hours

"Blossoming," Coming Into Our True Power

Powerfully guided with visualization, chants, dances, sounding and exercises, we'll let go of our pain stories and cut unhealthy ties. We'll dissolve the illusions of separateness and competition to come back to trust and oneness. Receiving the nourishment to become as old growth trees, open to infinite love and support, while connected to our truth.

Workshop #02 Saturday evening 2 hours

Dance, Chants and Yoga for Spiritual Embodiment

A dynamic journey of release and celebration, roots and wings. Through exercises, free dance, Chi Yoga, and medicinal dances and chants we will come back to our tribal birthright, of power and freedom, and the right to fully shine. Discover the spiritual secret of all great dancers. No expertise needed.



SERAH SHAKTI SOLEIL
Nelson, BC • 250 551-3770

Serah's eventful life has lead her on a path of healing and transformation, deepening her love and understanding, and giving her tools and wisdom towards freedom, spiritual empowerment and health. Serah has the hands of a healer and the love of the goddess. She has learned to surrender and to fully give herself as the goddess's instrument. Her energy is both nurturing and uplifting. She is committed to bringing light and bliss to this world.

Workshop #03 Saturday morning 3 hours

Nature as a Mirror of our Inner Self

Encounter the secrets of the elemental forces of nature. With all our senses we will connect with a tree, water, or rock, which will lead us to a deeper understanding of who we truly are. Using the Life/Art Process, our dance, movement, and drawing express what our hearts have experienced.



ELISABETH GUENTERT BAY
Grand Forks BC • 250 442-4808
www.dimutara.com

Elisabeth is a certified Expressive Arts Therapist and has an MA in Psychology and Healing Arts. She holds the Halprin Life/Art Practitioner and the Teacher for Movement Ritual. Over the last 25 years she worked with individuals and institutional settings. Her work "Healing Arts Therapy" was founded in 1991 and is rooted in the fields of Psychotherapy including C.G. Jung Dream Work, Gestalt Therapy, Psycho Synthesis, Expressive Arts Therapy, Breath Therapy, Feldenkrais, Sound Therapy as well as Nutrition and Tibetan Massage. She is also a Swiss registered Nurse.

Workshop #04 Saturday evening 2 hours

Healing with Expressive Arts - an Introduction to the Life/Art Process

Our body contains and reveals our entire life experience. Only through the inner body experience can we come to know ourselves and the world, and changes can happen. Active Imagination, Drawing and Creative Writing help us to build bridges between our conscious and unconscious Self. Expressing the unknown through Dance and Movement, we speak in our primary, archetypal language and go beyond culture, religion and social boundaries.

Workshop #05 Saturday morning 3 hours

Earth is your Sweet Spot: live beautifully

Earth is female and as a woman you are one with her. It is time to renew our cellular connection with Earth. She is arguably our greatest resource for all that we desire. Come alive to your true femininity as you learn how to both access Earth's vitality more directly and accept that she speaks through you.



ELLAE ELINWOOD
San Diego, CA • 619 677-3903
www.earthisyoursweetspot.com

Ellae is a well-known teacher of optimum health and well-being, drawing upon a background rich in varied experiences for 30 years. She was an instructor of Hatha Yoga in California and has taught many aspects of the body/mind/spirit connection. She inherited from her Celtic ancestors the gift of great intuition. She has authored six books and is deeply devoted to the concept that women and Earth are bonded by our unified female natures.

Workshop #06 Sunday afternoon 2 hours

Female Power: the ability to create life and restore balance

Our world has distracted us from a way of life that engages us to the Earth. We have weakened our connection to what is arguably our best resource for health, vitality, spiritual evolution and successful relationships. We carry the unique ability of understanding through our instinctive wisdom of the Earth's voice. We actually carry the responsibility to Earth to be her voice. We are her voice.

CINDY-LEE YELLAND

Kelowna, BC • 250 868-2210

www.angelontheloose.com

An accomplished artist, teacher and performer of Bellydance and Middle Eastern fusion dance, CindyLee has studied extensively with local and international instructors since 2000. She delights audiences dancing as *The Angel On The Loose*. She is the director of *The Loose Hip Sisters Bellydance Club*.



Workshop #06 Saturday evening & Sunday afternoon 2 hours

The Wings of Isis

The ancient Egyptian goddess Isis has many gifts to share with us. We will learn beautiful modern versions of magical ritual moves and forms taken from the wall paintings of ancient Egypt. Come dance with wings just as Isis, the goddess of magic, power and protection did in the times of old and unleash the goddess in you!

No dance experience necessary, and wings are provided. I have 10 pairs of wings, so workshop participants are limited.

NORMA COWIE

Penticton, BC • 250 490-0654

www.normacowie.com

Norma has been a student of metaphysics for over 40 years. As a working psychic consultant, coach and teacher, she is the author of eight books, including *Many Lives and Many Ways of Remembering*.



Workshop #07 Saturday afternoon 3 hours

Past-Life Regression

Understand how your past lives affect today. Experience yourself in another time and place and discover how the regrets you have from that life affect this one. Bring your questions about past lives.

Workshop #08 Sunday afternoon 2 hours

Connecting to your High, Earth and Shadow Selves

Most are aware we have a high self and some are familiar with the term shadow self, but few understand we also have an earth self. Through discussion and visualization become familiar with all three and recognize how important they are to our spiritual connection.

DEBORAH WARREN

Vernon, BC • 250 503-1313

www.ocseti.org

I joined CSETI (Center for the Study of Extra Terrestrial Intelligence) in 1999 in Vancouver and have attended five CSETI "Ambassador to the Universe" trainings. I have been assisting ET Contact groups in the Okanagan / Shuswap, teach Computer Science at college level and offer a number of shaman journey workshops, drawing on the work of anthropologist Hank Wesselman.



Workshop #09 Saturday evening

ET Contact

View images, video and audio samples of extraterrestrial contact that have been experienced by CSETI groups. Time to understand why ordinary citizens must invite direct contact with ETs. We must demonstrate that we are spiritually ready for the technology they gave to humanity 60 years ago. Free energy, electro-gravitic propulsion systems and consciousness-assisted technology will allow us to transform human civilization.

ET Skywatch • Everyone welcome

FRIDAY 10 to 11:30 pm • Saturday 9 to 11:30 pm • Meet at the Beach

We will try and contact extraterrestrials using the CSETI protocols developed by Dr. Steven Greer. We will be under the stars for a few hours, bring a chair and sleeping bag to ensure that you are warm enough.

TEREZ LaFORGE

Kamloops, BC • 778 471-5598

Terez is a student of VAHS (Voice Activation Hydration System), a Theta wave system that reads and feeds the body the sounds that it needs for well-being. She is an Access Consciousness Bars facilitator and the keeper of a set of frosted and clear crystal bowls. She hosts Full and New Moon sound meditations in Kamloops.



Workshop #10 Saturday evening 2 hours

Exploring the Chakra System

Using frosted and clear crystal bowls and moving from the root chakra to the crown, and then from the heart chakra outward in concentric rings, we bathe in the sounds for clearing and for strengthening our energetic systems.

SUNRISE CEREMONIES with Terez: SUNDAY morning ONLY at 6:45 am in the NORTH WING.

CHAKRA SOUNDBATH: Come in pyjamas with your blankie to restorative nurturing crystal bowls sound and melody.

Workshop #11 Saturday afternoon 3 hours

Belly Dancing for Fun and Fitness (2 hours) then Belly Dancing with Veils (1 hour)

Belly dancing is a low impact workout which relaxes the mind and reduces stress. Learn to isolate muscles you didn't know you had, improve your posture, cardio, balance, and flexibility while toning your body. You'll have so much fun you won't even know you're exercising, strengthening your chakras and becoming more graceful. Join us to learn how this ancient dance designed specifically for women empowers you to feel like a Goddess from the inside out. *Open to all levels of fitness and dance experience. No dance experience required.*

Working in the Healing Oasis



JENNY PULS (NURA)
Kaleden, BC • 250 497-1189
www.innerblissbellydancing.com

Jenny has been joyfully belly dancing and teaching for the past ten years. She is passionate about helping women heal themselves wholly and naturally through knowledge, energy, work and movement. She is a Reiki and Ra~Sheeba Master as well as a BodyTalk Access Technician. In addition she has taken Huna and Bellyfit instructor course training, and had the Reconnection Activation done.

*12 Saturday afternoon 3 hours

Experience Your Body Wisdom

Attend this experiential workshop and feel inspired as you open to receive and honour your body's unique wisdom while understanding the synergy between your purpose and your body's desire to serve. Joyce will conduct TùK energy as you structure a plan to experience the synchronizing power of your musical ripple in the Universe.



JOYCE McLEAN
Edmonton, AB • 780 263-0539
www.livinginpeacenharmony.com

Joyce knows the unlimited potential of every being and has experienced the value, wonder and bliss of inter-dependent relationships. She facilitates the harmonizing power of the body-mind-spirit-soul connection, creating the opportunity for spiritual and personal evolution.

Workshop #13 Saturday morning 3 hours

Access Your Inner Wisdom (with JOYce and Denise)

You have an Inner Wisdom that knows the answer to every question you could possibly ask. Find out which method is most accurate for you to access your Inner Wisdom: using your body; seeing; hearing; or feeling the answers. Use your skill to make life-enhancing decisions and choices congruent with your life purpose. Heal beliefs to achieve remarkable accuracy.

Workshop #14 Sunday morning 3 hours

Light Beings

Angels, Ascended Master and beings from elsewhere care about us and support and guide us on our journey. Use your Inner Wisdom to identify how many and what kind of beings support and work with you. Learn how to communicate with them. Discover what special message they have for you at the time of this event.



DENISE MORIER
Calgary, AB • 403 452-8539
www.openskiestraining.ca

Denise is a Purveyor of Light and a spiritual guide. She provides knowledge and healing to empower others to use direct communication with the Divine, using muscle testing and other modalities. Denise continuously finds gifts and tools to help others and lives a life of dedication to the Divine. Denise is empathic, telepathic, clairvoyant, clairaudient and clairsentient.

Working in the Healing Oasis

Workshop #15 Saturday morning 3 hours

So Happy Together

Join me in the celebration of a new consciousness in these rapidly expanding times. Experience a lively, interactive, transformational exploration of "new energy". From this perspective discover the attributes of new energy living, "who am I", the essence of abundance, ascension, purpose, clarity, instantaneous creating and much more....



DAWN MARIE BOUCHER
Penticton, BC • 778 476-3248
www.livingbeyondlimits.ca

Always willing to explore "the cutting edge" Dawn Marie is ever expanding and ready to facilitate those who are courageous enough to live beyond limits. Raised in a fundamental home with considerable programming Dawn Marie spent many years seeking her truth through the study of spirituality, training and practice of modalities and has now found her way home to Self.

KERRY PALFRAMAN, RN
Summerland, BC • 250 494-8955
www.indigodreamer.com

A registered nurse by profession Kerry began delving into the world of alternative, holistic and esoteric studies after being diagnosed with a life threatening illness that conventional medicine was unable to treat effectively. She continues to contradict and confound conventional medical wisdom by her reliance upon, understanding of, and application of ancient teachings, alternative and esoteric means.



Workshop #16 Saturday afternoon 3 hours

Dreams and Messages from your Higher-Self

Dreams tell you Who You Are but your Higher-Self, Guides, Angels and Your Creator actually send you more guidance during the day than at night! Learn how to easily recognize and understand these daily and nightly messages as a whole new level of reality is revealed.

Workshop #17 Sunday morning 3 hours

A Chat With Spirit – Channelled Messages from Your Angels, Guides and Higher-Self

Bring your personal or worldly questions to class where Kerry will help connect you with your Higher-Self, Angels and Spirit Guides. They want to be felt, it is just a matter of tuning in. If you want to connect with a loved-one that has passed over Kerry may have answers to the questions you have.

SABLE ARADIA aka DIANE MORRISON
Vernon, BC • 250 540-0341
www.thethreadsthatbindus.net

Sable has been a practicing witch for over twenty years. Driven by psychic experiences in her youth, she became an initiated Wiccan High Priestess and a licensed Wiccan religious representative. She owns The Threads That Bind Us in Vernon where she teaches classes in magick, Wicca, and women's spirituality.



Workshop # 18 Saturday evening 2 hours

Trance: a Path of Magick

The ability to access our innate magickal and psychic powers requires a change of consciousness; in other words, going into a trance. Learn different states of consciousness; what they are used for and different methods for accessing them. Bring your drums or rattles if you wish, and a yoga mat if you prefer to trance lying down.

Workshop # 19 Sunday morning 3 hours

Aspecting the Goddess: Drawing Down the Moon

The Goddess is in every woman, and She shows Her faces to each of us in different ways. We will celebrate this by doing some trance channeling work together to Aspect the Goddess within ourselves so that She can speak with us, and through us. Bring a yoga mat if you prefer to trance lying down and your drums and rattles if you wish.

Rev. KAREN COOGAN, B.Msc.
Penticton, BC • 250 770-1166

From awakening and consciously choosing a spiritual way of life, Karen has been walking her path with integrity, and a loving and open heart. She employs her empathic abilities, for insight, clarity, and higher awareness, while sharing her wisdom and counsel with others. She offers compassion from an understanding that we are all on the path of Becoming.

SUNNAIRA ARMSTRONG
Okanagan Falls, BC • 250 497-6797

Sunnaira walks with understanding of the Sacred Circle of life, from the sharing of Indigenous Elders, and combines this understanding with the greater reality of who we are as creator beings of the universe. She shares this wisdom of the spirit with joyfulness and practical tools for each of us to reclaim and expand the brilliance and greatness of who we truly are.



Workshop #20 Saturday evening 2 hours

Communing With Spirit – Expanding Trust

We have the innate ability to communicate with those who walk with us – Guides, Ascended Hosts, Angels and Arch Angels. We will be expanding trust in self to discern true communication with all realms of Spirit. Recognizing those who walk with us in their different capacities to guide and assist us in our daily walk of life. Let's Play!

SMUDGE WITH SUNNAIRA - Held between 6:15 to 6:45 am Saturday only, under the big willow tree by Alberta Hall.

A Traditional Smudge for people on their way to a sunrise ceremony.

LABYRINTH WALK WITH KAREN 6:45 to 7:30 am Saturday only

Combine the heavenly tones of the crystal bowls and the connection to earth as you walk the Labyrinth

Workshop #21 Saturday afternoon 3 hours

Workshop #22 Sunday afternoon 2 hours

Re-Enchanting the Earth with a SoulCollage® and Animal Wisdom

A hands-on experience of using *SoulCollage®* as an Earth-mending catalyst. Combining SoulCollage® with Animal Medicine and Shamanic Journey, we'll explore the power of imagination and intuition as tools and doorways to wholeness and healing for humans and for the earth in this season of profound change. Learn to connect to the earth, listen into the stories of their own lives and gain access to its support and wisdom. SoulCollage® combines the aboriginal tradition of listening to and collaborating with our animal companions. *Art supplies provided - a donation would be appreciated.*



GYLLIAN DAVIES
Christina Lake, BC • 250 447-9332
www.HopeBearers.com

Gyllian is a spirituality and creativity coach, artist, poet and curandera (traditional earth-based healer), from BC. Through Hope-Bearers, she invites people on a magical journey into the realm of Sacred Activism and the abundant powerhouse of the Holy! Blending Labyrinth, SoulCollage® and the rich world of dreams and animal medicine, Gyllian offers life-coaching, classes, one day workshop/retreats throughout the NW, as well as residential retreats at Sky Meadow, where she lives.

Workshop #23 Sunday morning 3 hours

Working in the Healing Oasis

Finding your Way with Tarot

Tap into your innate intuitive wisdom with the Tarot! Discover how the cards can help you manifest your goals and deepest desires. Together we will play and let the magic unfold! If you have a Tarot deck, please bring it along. There will be a few extra. All levels welcomed.



ASHLEY HAIN

Courtenay, BC • 250 792-2112

Ashley has been practicing in the healing arts field for seven years. Her approach is heart-centered and engaging, naturally inspiring people to make positive life changes. As a Tarot Consultant, she draws on knowledge and experience in various disciplines to meet people's needs in the moment. Her specialty is in creating custom-tailored spreads. She loves sharing her passion for the Tarot with all!

Workshop #24 Saturday morning 3 hours

Working in the Healing Oasis

Creating a Secure and Deep Bond in Your Intimate Relationship

Emotion Focused Couples Therapy has been research proven to help 75-90% of couples improve their relationships. The first half of the workshop will be a lecture/discussion/video presentation about Dr. Sue Johnson's "Science of Love" and the theory of adult attachment. The second half of the workshop will focus on in-class exercises to help you identify negative communication patterns, underlying raw spots, repair conflicts, and getting in touch with and expressing deeper emotions and needs.



ROBIN MENARD, MSW RCC RSW

Kelowna, BC • 250 863-7863

www.apathofheart.com

Robin is a Registered Clinical Counsellor and a Registered Social Worker with her Masters Degree in Social Work from the UBC and five years of experience. She worked in the field of addictions for three years, including two years full-time at Crossroads Treatment Center in Kelowna. Two years ago her and her partner (Sol Menard) went through extensive training in Emotion Focused Couples Therapy and opened a practice in Kelowna. They specialize in Marriage and Couple Counselling.

Workshop #25 Sunday morning 2 hours

Workshop #26 Sunday afternoon 3 hours

Grow Your Own Drug Store

Learn to use energy to make plants thrive. Make macerations, decoctions, infusions and tinctures. Meld energy healing with the use of medicinals made from wild-gathered plants and home-grown herbs. Practising a simple way of transmitting energy (yes, YOU can do it!). Take home recipes and a free e-book.



JAN NORN

Crescent Valley, BC • 250 359-5979

www.growyourowndrugstore.com

A farm kid from New Zealand who came to Canada fifty-plus years ago, who became a teacher, mostly elementary and special needs children. Passionate about natural cosmetics, herbal medicine, and the matrix of energy healing, she is the author of several books. Jan will be 77 in 2013 and has a lot of work planned for the next thirty years.

**SUNRISE CEREMONIES with Jan: SUNDAY morning ONLY at 6:45 am in the LOWER ALBERTA HALL
START YOUR DAY WITH HERBAL TEA: Drink, taste and experience the world of herbs, using practical knowledge.**

RUTH BIEBER
Kelowna, BC • 778 478-4380
www.playwithperspective.com

In the early 1990s, Ruth founded InsideOut Theatre and was the Artistic Director for seventeen years in Calgary, even though she is blind. She is currently writing a book about the countless innovations she has made to both theatre and the rehabilitation communities. Currently, she divides her time between Canada and New York, where she is writing and promoting her plays and is establishing an experiential gallery program in Kelowna for people who are visually impaired, modeled after the *Art Beyond Sight* program in New York City.



Workshop #27 Saturday morning 3 hours

Transformation through Drama (Acting like Scaredy Cats)

Discover the transformative power of the dramatic arts through interaction of using safe drama games and activities. Individuals who do not feel they belong on stage are encouraged to challenge themselves in this friendly and fun environment.

Workshop #28 Sunday afternoon 2 hours

Transformation through Story Telling

The world is hungry for the return of the verbal tradition, but how do we begin? Learn creative and safe strategies for introducing story telling that make them personally inspiring and enjoyable. Techniques learned can easily be shared with friends and family. *Please bring a non-breakable item.*

MIRIAM CUNHA
Kelowna, BC • 250 448-5523
www.yonisha.com

Miriam, also known as Yonisha, has dedicated her life to different philosophical, theological, esoteric and spiritual studies. She is a Reiki Master, a Laughter Yoga facilitator, an Ethnic Dances instructor, a Tarot Reader and Psychic, Writer, Graphic Artist, and a Musician. She studied the Mayan culture in Guatemala, Brazil, her place of birth. Always researching different paths of physical, emotional, and spiritual evolution, she uses her psychic abilities to channel important and helpful information so many can walk this path. Miriam channels information especially through her graphic art, writings, music, drumming, dancing and psychic readings.



Workshop #29 Saturday afternoon 3 hours

Metaphysics and Theatre of Magick

Learn philosophical and Magickal traditions, as well as theories and practices that allow us to manifest our thoughts into reality. Understand how to work with metaphysical paradigms and belief systems, archetypes of knowledge, to increase our energy or personal power. Explore how to develop the ability to face the different facets of yourself which allow you to shift your own belief systems and navigate through different realities. Discover the world of dreams, rituals and other tools available for a shamanic transformation. The workshop will include some magick tips. Bring pen and paper.

Workshop #30 Sunday morning 3 hours

The Mayan Spiritual Understanding of Time

There is much more to the Mayan understanding of time than the 2012 ending mark of the Gregorian calendar. The Mayan knowledge of time and symbolism is a tool of self-knowledge and awareness. This knowledge facilitates our connection to higher levels of consciousness as we learn to use the Mayan symbols, numbers and mudras as affirmations to connect to the different energies of our creation. The Mayan symbols are a language of light that represents a connection between our physical reality and the Galactic source of creation. The workshop will include a Mayan Ceremonial Meditation at the end.

JOLANDA HIMMELSTEIN
Kelowna, BC • 250 450-9075

Jolanda's search for answers led her to study different languages and cultures, some of which she later passed on to her students. In recent years Qi Gong has become an important part of her life; it is her means of connecting to the source and she finds great joy in teaching it as well. Jolanda's re-discovery of the red nose has brought more colour into her life and a wonderful hobby: volunteering as a caring clown.



Workshop #31 Saturday morning 3 hours

Discovering the Clown(s) Within

Would you like to experience how liberating wearing a red nose can be? After some warm-up exercises we will explore our clown personas in a safe workshop environment. Some costumes and props will be provided or bring yours. Discoveries and smiles are guaranteed. *Bring a red nose or a loonie to buy one.*

SUNRISE CEREMONIES with Jolanda: BOTH mornings at 6:45 am in the GREAT HALL
QI GONG: Gentle, relaxing exercises which improve the flow of the energy (Qi), thus benefiting body, mind and spirit.

Workshop *32 Saturday afternoon 3 hours

Working in the Healing Oasis

CINDY SMITH

Calgary, AB • 403 970-3496

www.cindysmithaep.com

**Manifest with
Guidance from Your Angel Team**

Now is a time to allow yourself to receive in all areas of your life. Archangel Michael's message, 'please allow receiving energy now, and accept change as love and light energy.' Gain new insights to self through guided meditations and how we all connect with our angel team. Have the opportunity to experience the presence of Archangels Michael and Raphael and your own guardian angels to assist with change and acknowledge belief patterns of change.



After many years of working in the counselling field, Cindy has now found her life passion by teaching others to find their own power, trust in their intuition and connect to their angels. Cindy teaches the *Angel Empowerment Practitioner Certification™ Course* and has developed *Connect To Your Own Power* workshops.

Workshop *33 Saturday afternoon 3 hours

Expanding Your Intuitive Awareness

This very experiential workshop is designed to build confidence and sensitivity to energy and to intuitive input. Participants will be guided to effectively use intuition in Remote Aura Scanning and will read impressions from an object using Psychometry. Participants will also create and receive a "fortune cookie" reading.



DIANE ELAINE OLSON

Coeur d'Alene, Idaho • 208 819-9290

www.a-quantum-shift.com

Diane has been an intuitive counsellor and a teacher of metaphysics and psychic development for over 25 years. She has traditional B.A. and M.S. degrees in psychology from U.C.L.A. and U.Mass. She also has a Bachelor's Degree in Sacred Healing and is an ordained Minister from Rev. Rosalyn L. Bruyere's HLCC Seminary program. She has explored many self-help, metaphysical, shamanic, and spiritual traditions as well the new findings in quantum physics and their implications for paranormal, psychic and spiritual experiences.

Workshop *34 Saturday morning 3 hours & Sunday 1-1:30

Dream Board Your Visions (with Diane and Aurora)

Diane and Aurora will assist you to access your visions through a guided meditation into your most desirable future and a shamanic journey to receive spiritual input on your path. Select from many images and create your Vision Board throughout the weekend. *Art supplies provided - a donation would be appreciated. On Sunday we ask participants to meet in a short session to share what they have created or envisioned.*

Workshop *35 Sunday morning 3 hours

DreamScape Consciousness

Explore dream symbols that stand out for us alone. You'll find a rich resource in day dreams, night dreams, meditations and daily events since we are attracted to exactly what we need to see, hear or experience for Spirit to guide our growth, our creativity and our journey.



Rev. AURORA HILL

Coeur d'Alene, Idaho • 208 640-0660

www.gatheringthymeministries.com

Aurora has been studying DreamScape Consciousness since the mid '90's and facilitating workshops for the past eight years. She is a registered Karuna Reiki Master and certified Usui Reiki Master who offers classes and certified attunements. An ordained minister since 1997 she officiates weddings, ordinations, and blessing ceremonies.

Working in the Healing Oasis

Workshop *36 Sunday morning 3 hours

Clear the Cobwebs in your Subconscious

As the seasons change, we clear our space to prepare for the new energy. This is an opportunity to use VAHS technology and sacred scalar energy to clear subconscious blockages effortlessly.

Bring a pillow and a blanket.



CRYSTAL ROSE

Penticton, BC • 778 476-5832

www.avenue2ascension.com

Crystal is a charismatic yet down-to-earth mystical personality who employs several of the healing arts along with her natural gifts as a seer in a way that is both entertaining and insightful. She is the perfect characterization of a 'Traveling Wise Woman' who finds love and joy in every experience and then shares.

KALAWNA BIGGS
Roberts Creek, BC • 604 886-3536
www.kalawna.com

Kalawna is an hereditary Psychic, Spiritual Healer and a Master Hypnotherapist who has worked in her field professionally for over 26 years. She connects individuals back to their soul purpose and holds a space for spiritual awakening. She is a gathering of divine energies that channel through her giving you a creative expression of focused, centered, conscious awareness.



Workshop # 37 Saturday afternoon 3 hours

Chakra Cleanse

This guided meditation will purify and clear any blockages from the mind, body and spirit, assisting the subconscious to attain balance and inner harmony for deep relaxation. Once the body, mind and spirit are at peace then the healing journey begins. *Wear warm clothes, bring blanket and pillow for a relaxing trance.*

Workshop # 38 Saturday evening 2 hours

Awakenings 2012

This guided meditation will assist you with balancing external energies, clearing blockages, and opening to the divine self, the super-consciousness. This deep mystical trance will relax the soul into itself creating a miraculous healing. *Bring warm, comfortable clothes, blanket and pillow as you are going to go into a very deep, relaxing, healing trance.*

MELONIE OLD
Calgary, AB • 403 289-4142

Melonie studied directly from the man who created 'Muscle Testing' in the early 1980's. After 26 years of practice, she has mastered working with people who are trapped in the transitional state known as the Bardo. This is the time-honoured process of Spiritual Initiation.



Workshop #39 Saturday morning 3 hours

Workshop #40 Sunday morning 3 hours

Soul Development 101

Earth School for the soul is learned over life-times through three levels of consciousness. Young, middle and old souls levels each have their lessons and challenges as we evolve through our interactions. Learn what these are and how they progress in this most interesting lecture on the study of human behavior.

ELLEN PAYNTON, BA Kin
Williams Lake, BC • 250 398-2656
www.lifepilates.ca

Ellen is a Kinesiologist working and living in Williams Lake BC. She is the owner/operator of LIFE Pilates Body Therapy, a health and wellness studio that focuses on fusing external "body" exercise rehabilitation techniques with internal "mind and spirit" life enhancing practices.



Working in the Healing Oasis

Workshop # 41 Sunday afternoon 2 hours

Somatics for Health

Somatics is a mindful movement discipline that focuses on bringing the participant's awareness back into their body. The exercises are performed in a slow and mindful manner that encourages the body to relax, the muscles and joints to function in their natural movement pattern, and the brain to disengage from the business of daily life. A wonderful complement to any Yoga or meditation practice.

SHARON TAPHORN
Williams Lake • 250 303-0796
www.playingwiththeuniverse.com

Sharon, author of Angel Guidance ~ Messages of Love and Healing, is an international teacher, healer, author, mystic and Earthkeeper. She shares her wisdom, spirit, and passion around the world through her Radio programs and offers workshops on healing and expanding consciousness, and is a gifted intuitive/empath.



Workshop #42 Saturday morning 3 hours

Life Review

Take inventory of your life, and resolve to change or heal anything that is out of balance or no longer serves the new you. It takes courage to look at your life. Yet, if done with compassion and a sense of humour, you'll grow and learn and experience more completions.

Workshop #43 Sunday afternoon 2 hours

Living in Joy – A Healing Journey

After a severe workplace injury, I formed a support group to find wholeness. I will share some of the stories, tools and techniques that were used to help us find our path to living a life with more joy.

SUNRISE CEREMONIES with Sharon SATURDAY morning at 6:45 am in the CHAPEL
Healing Pyramid: A guided journey to awaken new strands of DNA and our crystalline energy body.

Workshop #44 Saturday afternoon 3 hours

Your Body is Your Business

Deep awareness brings you new perspectives. Just like Mother Earth your centre core is fired by passion, power and purpose. By understanding your centre core, fueling your inner fire and releasing that which no longer serves... you will experience an electrifying energetic wholeness from the bedroom to the boardroom.

Workshop #45 Sunday morning 3 hours

Self Healing... The New Health Science

Old unresolved emotional issues are like weeds; their roots grow strong and get entangled in fear, anger and self doubt deep within you. This creates a jungle where your true priorities like relationships, health and business struggle to see the light of day. It's time to break through and nurture your roots in self confidence, self esteem, self worth, self respect and most importantly self love.



CAROLE M FRIESEN

Calgary AB • 877 846-3948

www.corepotentials.com

Carole is an expert in personal transformation for people who are committed to making profound changes in their lives. As a keynote speaker, best selling author and an award winning teacher, Carole has shared the stage with T. Harv Eker, John Gray and Doreen Virtue.

Carole oversees thousands of students, practitioners and teachers in Psychosomatic Therapy. She charms her audiences with her unique blend of body language, face reading, wisdom and candid humour.

Workshop #46 Saturday afternoon 3 hours

Walking the Sacred Path: Rediscovering the Labyrinth

Walking a labyrinth is a practice which mirrors our spiritual journey. This workshop will provide the guidance needed for exploring labyrinths, whether you are an experienced labyrinth walker or have never walked one before. Participants will be guided to walk the Naramata labyrinth followed by a sacred ceremony.

Working in the Healing Oasis



ANNE ELLIOTT

Sorrento, BC • 250 463-4915

Anne is an intuitive and innovative healer/teacher with more than 20 years experience facilitating groups. Her love of the labyrinth began in 2000 when her former bookstore Spiritworks, sponsored a pilgrimage to sacred sites in England and France which included Chartres Cathedral, home of one of the most well known labyrinths in the world. Anne's crone name is Purple Goddess.

Workshop #47 Saturday afternoon 3 hours

Soul Revelation

Discover the decisions that you made about what you chose to bring, experience and learn in this life-time. Gain insights into your own situations. Receive resource(s) and energetic gift(s). Thuy received an energetic gift that allows her to become a channel to the Akashic records on behalf of the client. In this workshop she will share what she learned and demonstrate the process with a participant.

Working in the Healing Oasis



THUY VU, CPCC, CH

Calgary, AB • 403 831-3226

www.heal2soul.com

Thuy (pronounce Twee) is an intuitive coach, energy healer and hypnotherapist. She uses different modalities in her work - coaching, hypnotherapy, past-life regression, soul revelation, Qi Gong and energy medicine - to help individuals stepping into their power and living their life mission with purpose and passion.

Workshop #48 Sunday morning 3 hours

Earth Magic-Energizing with the Elements

Explore and reconnect with the elements-earth, water, fire, air and ether. We will start with a one hour yoga practice suitable for all abilities followed by breath awareness and relaxation. After observing the movement of energy through body and breath we will use art, song and ritual to re-discover what nourishes us and creates vitality in our lives. Where attention goes, energy flows. Create the life you desire! Please bring your yoga mat, pillow, blanket & art journal.



MELISSA PEREHUDOFF

Kelowna, BC • 250 762-7850

www.kelownayogahouse.org

Melissa credits her 20 year yoga practice to provide her with the resiliency, confidence & courage to ride the waves of change with equanimity and enthusiasm. Melissa is a certified Iyengar yoga teacher and has been to India twice to study at the Ramamani Iyengar Memorial Yoga Institute. She has also been to Hawaii twice to swim with the wild dolphins in the ocean. The tangible elemental forces of Hawaii - volcanic rock, ocean, sun and sea air-awaken you to the simplicity and mystery of life. May we all receive the basics of true health care - clean air, water, food, light and love.

SUNRISE CEREMONIES with Melissa BOTH mornings at 6:45 am in the LOFT.

Movement and Mantra: Arise and shine with simple yoga stretches and sacred chanting.

These numbers indicate the workshop location on the map that you will receive at the Festival

WEEKEND SCHEDULE

Saturday

Location	8:45-10:15	10:30-noon	2-3:30 pm	3:45-5:15 pm	6:45-8:45 pm
1 Loft	#01 SERAH SOLEIL "Blossoming," Coming into True Power	#07 NORMA COWIE Past-Life Regression	#02 SERAH SOLEIL Dance, Chants and Yoga		
2 North Wing	#24 ROBIN MENARD Creating a Secure and Deep Bond	#44 CAROLE M FRIESEN Your Body is Your Business	#10 TEREZ LaFORGE Exploring the Chakra System		
3 Sessions Room	#03 ELISABETH BAY Nature as a Mirror	#21 GYLLIAN DAVIES Re-Enchanting the Earth with SoulCollage and Animal Wisdom	#04 ELISABETH BAY Healing with Expressive Arts		
4 South Wing	#05 ELLAE ELINWOOD Earth is your Sweet Spot	#32 CINDY SMITH Manifest with Guidance from Your Angel Team	#18 SABLE ARADIA Trance: a Path of Magick		
5 Orchard Court 1	#13 JOYCE & DENISE Access your Inner Wisdom	#12 JOYCE MCLEAN Experience your Body Wisdom			
6 Orchard Court 2	#42 SHARON TAPHORN Life Review	#16 KERRY PALFRAMAN Dream and Messages from your Higher Self			
7 Maple Court 3	#34 AURORA & DIANE Dream Board Your Visions	#33 DIANE ELAINE OLSON Expanding Your Intuitive Awareness			
8 Chapel	#27 RUTH BIEBER Transformation through Drama	#29 YONISHA Metaphysics and Theatre of Magick	#20 SUNNAIRA & KAREN Communing With Spirit - Expanding Trust		
9 upper Alberta Hall	#39 MELONIE OLD Soul Development 101	#37 KALAWNA BIGGS Chakra Cleanse	#38 KALAWNA BIGGS Awakenings 2012		
10 lower Alberta Hall	#15 DAWN MARIE BOUCHER So Happy Together	#47 THUY VU Soul Revelation	#09 DEBORAH WARREN ET Contact		
11 Great Hall	#31 JOLANDA HIMMELSTEIN Discovering the Clown(s) Within	#11 JENNY PULS Belly Dancing for Fun and Fitness Belly Dancing with Veils	#06 CINDY-LEE YELLAND The Wings of Isis		
other	<i>No public washrooms are available in Maple Court or Orchard Court.</i>		#46 ANNE ELLIOTT Walking the Sacred Path Re-discovering the Labrynth <i>Meet at the Labrynth</i>	<i>Closing Ceremonies Sunday at 3:45 pm in Great Hall</i>	

September 21-23, 2012

These numbers indicate the workshop location on the map that you will receive at the Festival

Sunday

SAT & SUN

SUNRISE

6:45-7:30 am

MELISSA PEREHUDOFF

Movement & Mantra

SAT

TEREZ LAFORGE

Quickie Shower of Sound



SAT

SHARON TAPHORN

Healing Pyramid

SAT

SUNNAIRA

Smudge Time

SAT

KAREN COOGAN

Labyrinth Walk

SUN

JAN NORN

Herbal Teas

SAT & SUN

JOLANDA HIMMELSTEIN

Qi Gong

8:45-10:15

10:30-noon

1:30-3:30 pm

Location

#48

MELISSA PEREHUDOFF

Earth Magic-Energizing with the Elements

#41

ELLEN PAYNTON

Somatics for Health

1

Loft

#45

CAROLE M FRIESEN

Self Healing... The New Health Science

#28

RUTH BIEBER

Transformation through Story Telling

2

North Wing

#23

ASHLEY HAIN

Finding your Way with Tarot

#22

GYLLIAN DAVIES

Re-Enchanting the Earth with SoulCollage and Animal Wisdom

3

Sessions Room

#19

SABLE ARADIA

Aspecting the Goddess: Drawing Down the Moon

#06

ELLAE ELINWOOD

Female Power

4

South Wing

#14

DENISE MORIER

Light Beings



5

Orchard Court 1

#17

KERRY PALFRAMAN

A Chat with Spirit

6

Orchard Court 2

#35

AURORA HILL

DreamScape Consciousness

AURORA & DIANE

completion of the Dream Board Your Visions

7

Maple Court 3

#30

YONISHA

The Mayan Spiritual Understanding of Time

#08

NORMA COWIE

Connecting to your High, Earth and Shadow Selves

8

Chapel

#40

MELONIE OLD

Soul Development 101

#43

SHARON TAPHORN

Living in Joy- A Healing Journey

9

upper Alberta Hall

#25

JAN NORN

Grow Your Own Drug Store

#26

JAN NORN

Grow Your Own Drug Store

10

lower Alberta Hall

#36

CRYSTAL ROSE

Clear the Cobwebs

#06

CINDY-LEE YELLAND

The Wings of Isis

11

Great Hall

Saturday Evening Entertainment ... 9-11 pm

CindyLee, Jenny, and Yonisha will belly dance, then a sing-a-long with Frances and DJ music

Register before August 20th and save ... Adults \$150, Cronos & Maidens \$125
 plus meals, accommodation and HST • On-Site Registration starts Friday at noon.

REGISTRATION FORM

Healing Oasis Registration starts at 1 pm
 Healing Sessions available Friday 2 to 5 pm

Name(s) _____

Address _____ Phone _____

Town _____ Prov. _____ Code _____ Email _____

FESTIVAL FEES

		Weekend	Saturday only	Sunday only
ADULTS	on or before August 20	\$150	\$110	\$55
(24-62 years)	August 20-September 20	\$170	\$120	\$65
	After September 20 and on-site registration	\$180	\$130	\$70
CRONES (63 years +) and MAIDENS (10-23 yrs)	on or before August 20	\$125	\$95	\$45
	August 20-September 20	\$145	\$105	\$55
	After September 20 and on-site registration	\$155	\$115	\$65

MEALS: Please pre-order by September 1

MEAL PACKAGES Meals include dessert and beverage. If you have dietary restrictions please advise.

6 meals Friday dinner to Sunday lunch \$98 _____ **5 meals** Saturday breakfast to Sunday lunch \$76 _____

INDIVIDUAL MEALS	Fri. Dinner	\$24	_____	Sat. Breakfast	\$12	_____	Sat. Lunch	\$16	_____
	Sat. Dinner	\$24	_____	Sun. Breakfast	\$12	_____	Sun. Lunch	\$16	_____

ACCOMMODATION Bedding and towels included. Check out time 1 PM - Sunday

- Cabins **One or two rooms. Double bed and/or two single beds, plus front room with a hide-a-bed/couch plus kitchen.**
- Maple Court **One double bed, one single bed and a bathroom. Fridge, sink and tea kettle in the foyer.**
- Orchard Courts **NEW Two single beds and a bathroom in each room with a shared common space that includes a kitchen.**

Pricing for above accommodations

- Shared: Two people, two nights \$110 per person • Three people, two nights \$105 per person
- Private: One person, two nights \$200 • Private: one person, one night \$120.

- Alberta Hall **A two storey dorm with two single beds in a room and a large multi-use bathroom on each floor.**
 - Shared: Two women, two nights \$85 per person • Two women, one night \$55 per person
 - Private: One woman, two nights \$120 • One woman, one night \$70

- R.V. Space \$40 per night including electrical hook-up **R.V. & tent spaces have a central bathroom with shower and a picnic area.**
- Tent \$25 per night (no power)

To book nearby accommodations visit www.DiscoverNaramata.com. Many have websites with images and directions
 BC Motel: 250-496-5482 • Village Motel: 250-496-5535 • Over 20 B & B's
 Naramata Heritage Inn: 250-496-6808 • Sandy Beach Lodge: 250-496-5765

Festival Fees	\$ _____
Meals	\$ _____
Accommodation	\$ _____
Subtotal	\$ _____
HST (add 12%)	\$ _____
Grand Total	\$ _____
Amount enclosed	\$ _____ (50% deposit required)
Balance	\$ _____ payable at the door

Make cheque payable to **Visions unlimited, Wise Women's**. Send it to
 Marion Desborough, L1-4505 McLean Creek Rd, Okanagan Falls, BC, V0H 1R1

We do not mail receipts. If you need confirmation please give us time to process the form and then call the number below.

No refunds on meals or accommodation after September 1.
 We refund festival fees, less \$35 per person, if notified.

If paying by credit card phone **250-497-6861**

Questions? **1-855-366-0038** Angele Ortega

Please bring a travelling mug for refreshment breaks.

Naramata Centre requests NO pets on site and DO NOT call Naramata Centre to register